

Lacrosse Age Groups

We offer lacrosse programs for youth in North Simcoe aged 4 to 21.

2010 AGE CATEGORIES

| Division | Ages | Birth Years |
|--------------------------------|---------|-------------|
| Little Braves (Peanut/Tyke) | Up to 8 | Up to 2002 |
| Novice | 9-10 | 2000 & 2001 |
| Peewee | 11-12 | 1998 & 1999 |
| Bantam | 13-14 | 1996 & 1997 |
| Midget | 15-16 | 1994 & 1995 |
| Intermediate | 17-21 | 1989 -1993 |

Registration Questions?

Please email adeleheins@yahoo.ca

Sponsors

Please ask a business or organization you know to sponsor a team, a player in need or donate a gift to our Canada Day prize table. Sponsorship info can be found on our web site or call Brian Blanks (705) 528-1682

Help Wanted!

Want to coach, referee or time keep? We pay for your training.

And we are only as strong as our volunteers! There are many (small) ways you can help. Please offer a bit of your time when asked. *You will be appreciated & recognized!*

Need Student Service Hours?

Book in when you register and help grow the sport you love!

Equipment Needed To Play:

Lacrosse Stick (loaners available)*

Running Shoes*

Hockey Helmet & Face Mask*

Lacrosse (or Hockey) Gloves*

Lacrosse Arm Guards (or Hockey

Shoulder Pads & Elbow pads)

Kidney Pads

Athletic Protector*

Hockey Mouth Guard*

Little Braves TimBits Lacrosse is NON-CONTACT and the * indicates the only equipment needed at this level.

Blue Club Shorts are required to complete the Provincial team uniform. Order yours at registration.

New Player? Some used equipment is available and we can also show you how to minimize equipment cost.

Existing Player? Please donate your old gear! Better on a new player than in the garage... and the league will get a few bucks to pay for more supplies.

Goalies Win Championships!

Goalie equipment is provided. A player simply need to supply their own helmet, gloves and appropriate athletic protector. Give it a try in the home league... you may be good!

Be A Better Hockey Player!

Wayne Gretzky, Paul Coffey, Shane Corson, John Tavares and many other NHL stars played Lacrosse as their summer sport. It is ideal cross-training.

LACROSSE...

The fastest game on two feet!



Lacrosse

*Canada's National
Summer Sport!*

Lacrosse is a fun yet challenging game that helps develop coordination, endurance & athletic dexterity.

*And Lacrosse is the fastest
growing sport in North
America!*



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Catch The Fun... Play Lacrosse!